



Ottawa Valley Laser ILCA Championships

June 3-4, 2023

Britannia Yacht Club

2777 Cassels St, Ottawa, ON, Canada

SAILING INSTRUCTIONS

1. RULES

- 1.1. The regatta will be governed by the rules and defined in the *Racing Rules of Sailing* (RRS) and these Sailing Instructions (SIs).
- 1.2. The fundamental rule under Part One of the ILCA Class Rules shall apply except as follows: The sail and spars may be manufactured by the licensed builder or other builder/sail maker so long as it retains equivalent conformity as is in accordance with the ILCA design specification.
- 1.3. Competitors may choose ILCA 7, ILCA 6 or ILCA 4 rigs at their discretion, provided that all rig changes are made on shore and all sails have the same number.
- 1.4. Should there be conflicts between these SIs and the Notice of Race, these SIs will govern.

2. NOTICES TO COMPETITORS

- 2.1. Notices to competitors will be posted on the regatta web page: <https://byc.ca/sail/regattas/ilca-masters/>

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1. Any change in the sailing instructions will be posted before 0900 on the day it will take effect, except that any change in the schedule of races will be posted before 2000 on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed from the Mast by the harbour entrance.
- 4.2. When Flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes in Race Signal AP.'

5. SCHEDULE OF RACES

5.1. Racing is scheduled as follows:

Saturday June 3	0800 - 1000	Check-in
	1030	Competitors Meeting
	1130	First Race Warning
Sunday June 4	1000	First Race Warning
		No warning signal will be made after 1400

5.2. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed and may be accompanied by multiple short sound signals.

5.3. 9 races are scheduled for this event. The finish boat will signal when the last race of the day has been completed.

5.4. On the final day of the regatta no warning signal will be made after 1400.

6. RACE AREA

6.1. The racing area will be Lac Deschenes on the Ottawa River to the west of Britannia Yacht Club.

7. COURSES

7.1. The diagrams in Appendix A show the courses and the side on which each mark is to be left. The course length will be adjusted to target a race time of 45 minutes.

7.2. The course to be sailed shall be Course 1 UNLESS Numeral Pennant 2 is displayed, in which case Course 2 is to be sailed.

8. MARKS

8.1. Start and finish marks will be pin marks topped by a colored flag.

8.2. Marks of the course will be large pyramid yellow marks.

8.3. New marks, when used in accordance with instruction 11, Change of Course, will be large pyramid green marks. When in a subsequent change of course a new mark is replaced, it will be replaced with an original mark.

9. THE START

9.1. Races will be started in accordance with RRS 26.

9.2. All entrants shall start and finish together and be scored as a single fleet. The Class Flag will be a White flag with Black Laser Logo.

9.3. The start line will be between an orange flag on the signal boat and a pin mark topped with an orange flag (see Appendix A).

9.4. No race shall be started unless there is a minimum consistent wind speed of 3 knots throughout the racing area.

- 9.5. A boat shall not start later than 5 minutes after her starting signal. Such boat will be scored DNS, this changes RRS A4.1.

10. CHANGE OF THE NEXT LEG OF THE COURSE

- 10.1. A change of course will be signaled in accordance with RRS 33. Any mark to be rounded after rounding the new mark may be relocated to maintain the original course configuration. When in a subsequent change of course a new mark is replaced, it will be replaced by an original mark.

11. THE FINISH

- 11.1. The finishing line will be between an orange flag on the signal boat and a pin mark topped with a blue flag (see Appendix A).

12. TIME LIMITS

- 12.1. If no boat has passed Mark 1 within 30 minutes, the race shall be abandoned.
- 12.2. If no boat has finished the race within 75 minutes, the race shall be abandoned.
- 12.3. Boats failing to finish within 20 minutes after the first boat finishes or within the time limit, will be scored DNF. This changes RRS 35 and A4.1.
- 12.4. The Race Committee will abandon any race it judges not to be a fair test of sailing skill.

13. PROTESTS AND REQUESTS FOR REDRESS

- 13.1. Competitors intending to protest shall inform the Race Committee immediately after finishing and before communicating with coaches or spectators. Boats should first sail to the non-course side of the Finish Boat and report to the Finish Boat. Boats that do not finish shall report their intent to protest to any Race Committee Boat at the first possible opportunity. This adds to RRS 61.1(a).
- 13.2. Protests should be lodged in the Registration Room within 45 minutes of the time the Race Committee Finish Boat docks. The Race Committee will post the docking (beginning of protest) time on the official notice board as soon as practical after docking.
- 13.3. Protests will be heard in the approximate order of receipt. The time and place of protest hearings will be posted within 30 minutes after the end of the protest time. This is the notice required by RRS 63.2.

14. SCORING

- 14.1. The Low Point Scoring System, Appendix A2, will be used except as modified below.
- 14.2. Completion of one race constitutes a regatta.
- 14.3. There will be one discard when six or more races are sailed.
- 14.4. The ILCA-NA Masters handicap system will be used to determine the overall regatta winner. For each race counted in the competitor's final score, the following points will be added: Apprentices, 4 points; Masters, 3 points; Grand Masters, 2 points; Great Grand Masters, 1 points; Legends, 0 points. The competitor's overall score will be the sum of their included finishes plus their total handicap points.

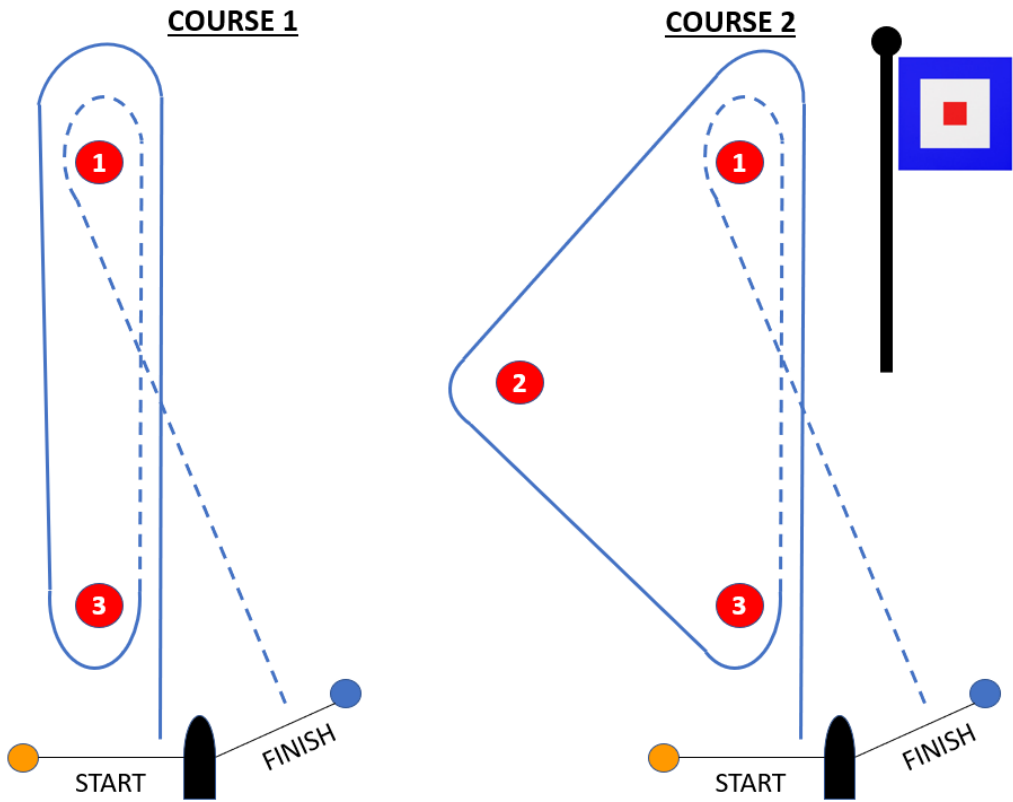
15. SAFETY

- 15.1. Racing Rule 40 is changed as follows: Competitors shall wear personal flotation devices, except briefly while changing or adjusting clothing or personal equipment. Wet suits and dry suits are not personal flotation devices (code flag Y need not be displayed).
- 15.2. A competitor that withdraws from a race or intends not to start a race shall inform the nearest safety or race committee boat as soon as possible.

16. DISCLAIMER OF LIABILITY

- 16.1. Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during, or after the regatta.

APPENDIX A: COURSES



Course	Mark Rounding Order
1	Start – 1(Port) – 3(Port) – 1(Port) - Finish
2	Start – 1(Port) – 2(Port) – 3(Port) – 1(Port) - Finish