



**Notice of Race &
Sailing Instructions**
Keelboat Race Practices 2018
**Nepean Sailing Club
Britannia Yacht Club**
May 25, June 8 and June 22, 2018

Change record:

version 2: Dates changed

INVITATION

We are offering free race practice for keelboats. For beginner racers, you can experience sailing your boat closer to other boats and practice starting and mark rounding. For experienced racers, you can sharpen your skills.

Each evening will begin with an on-land briefing where a coach will outline the evening's plan. Then boats will go sailing with some basic coaching on the water. Finally, sailors and coaches will meet on-land at the end of the evening for debrief.

This is a low-key free activity. It is not a formal course. You need your own boat and crew. The race officials and race bosuns will also use this event to practice their skills.

It doesn't matter how slow or fast you go – it's the right time to try something, make mistakes, get better.

Novices are most welcome.

1 RULES

- 1.1 The series will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
- 1.2 The Nepean Sailing Club is the Organizing Authority (OA).
- 1.3 The racing rules below will be changed as follows:
 - 1.3.1 RRS 41 "*Outside Help*" will not apply. While racing, boats may seek help whenever appropriate.
 - 1.3.2 RRS Part 5 "*Protests, redress,...*" will not apply, except in case of injury or serious damage. Boats involved in an incident are encouraged to review it on shore with all interested parties.
 - 1.3.3 RRS Appendix A "*Scoring*" will not apply. No results will be produced.

2 ELIGIBILITY AND ENTRY

- 2.1 The series is open to any keelboat on Lac Deschênes.

- 2.2 There is no registration required to enter the series.
- 2.3 To facilitate planning, the OA would appreciate that boats inform the series Coordinator of their intent to participate before 1600 on each day of racing.

3 FEES

There is no fee to enter the series.

4 FORMAT

- 4.1 On each day of race practice, the intent is to sail multiple "practice starts" and up to 3 short races with a Target Time of 20 minutes each.
- 4.2 The intended focus of each day is as follows:
 - May 25: Starting, setting sails for upwind. No spinnakers.
 - June 8: Starting, crossing other boats upwind, rounding upwind marks.
No spinnakers.
 - June 22: Reaching, gybing and downwind. Spinnaker optional.
- 4.3 The Race Committee may signal a few postponements, general recalls and abandonments to provide additional opportunities to practice starts.

5 SCHEDULE OF EVENT

- 5.1 May 25, June 8, June 22, 2018: Racing
 - 17:30 – Briefing in NSC Harbourview Hall and BYC Dragon Lounge
 - 18:00 – End of briefing
 - 18:30 – First warning signal on the waterAfter racing – Debrief in NSC Harbourview Hall and BYC Dragon Lounge.
- 5.2 If the BYC gates are not open, then the event will still take place but activities in the BYC clubhouse will be cancelled; BYC will then consider re-running the series with BYC as the organizing committee.

6 NOTICES TO PARTICIPANTS

Notices to participants will be posted on the official notice board located in NSC Harbourview Hall. A copy will be posted on the BYC notice board.

7 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 1600 on the day it will take effect, except that any change to the schedule of events will be posted by 2000 on the day before it will take effect.

8 SIGNALS MADE ASHORE

- 8.1 Signals made ashore will be displayed on the NSC flag staff.
- 8.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in the race signal AP. This changes the RRS Race Signals.

9 CLASS FLAGS

9.1 All boats will start together.

9.2 The Class Flag will be Numeral Pennant 1



10 RACING AREAS

Racing will be in the Charlie Racing Area on Lac Deschenes outside the entrance to the NSC harbour channel. Refer to Addendum A. Addendum A should not be used as a navigation tool.

11 THE COURSES

11.1 The tables and diagrams in Addendum B and C show the potential courses including the course designations, the course flags, the number of laps, the order in which marks are to be rounded, and the side on which each mark must be left.

11.2 For course "W", if one of the gate marks is missing the remaining gate mark must be rounded to port.

11.3 For course "W", if Mark O is missing Mark 1 must be rounded to port.

11.4 Races may be started downwind, in which case the wind direction in Addendum B and C will be reversed.

12 MARKS

12.1 Rounding marks will be inflatable tetrahedrons.

12.2 The Starting/Finishing Mark will be an inflatable cylinder.

13 AREAS THAT ARE OBSTRUCTIONS

The following areas are designated as obstructions:

- Shoal areas to the east of buoy K1.
- Shoal areas to the south west of buoy K3.
- Shoal areas to the north of buoy K4.

14 THE START

The Starting Line will be between the staff displaying a blue Race Committee flag on the Signal Vessel and the course-side edge of the Starting/Finishing mark.

15 THE FINISH

The Finishing Line will be between the staff displaying a blue Race Committee flag on the Signal Vessel and the course-side edge of the Starting/Finishing Mark.

16 PROPULSION

Boats are encouraged to use an engine to return to the starting area between races, to allow faster turn-around.

17 BERTHING

Boats from Lac Deschenes Sailing Club and Club de Voile Grande-Rivière may moor in NSC harbour without charge for the event and the day following the event. Such boats must moor on the facing dock alongside the NSC clubhouse and must inform the Series Coordinator.

18 SAFETY REGULATIONS

- 18.1 Personal flotation devices must be worn at all times while afloat except while changing clothing. This changes RRS 40 and the Part 4 preamble.
- 18.2 Before the warning signal of the first race in which she intends to start, a boat must sail past the stern of the Signal Vessel on starboard tack, and verbally check in by her sail number. Each boat must continue to do so until her sail number is verbally acknowledged by the Race Committee.
- 18.3 A boat that retires from racing must notify the Race Committee as soon as possible.
- 18.4 A boat returning to race must inform the Race Committee as soon as possible.
- 18.5 Code flags N and G displayed with at least five sounds signal that all races are abandoned and that all competitors **must immediately return to their harbour.**

19 PRIZES

Increased self-confidence will be liberally awarded.

20 DISCLAIMER OF LIABILITY

Sailing is an activity that has an inherent risk of damage and injury. Competitors participate in the series entirely at their own risk. See RRS rule 4, "Decision to Race". The Organizing Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the series. By participating in the event, each competitor agrees to release the organizers from any and all liability to the fullest extent permitted by law.

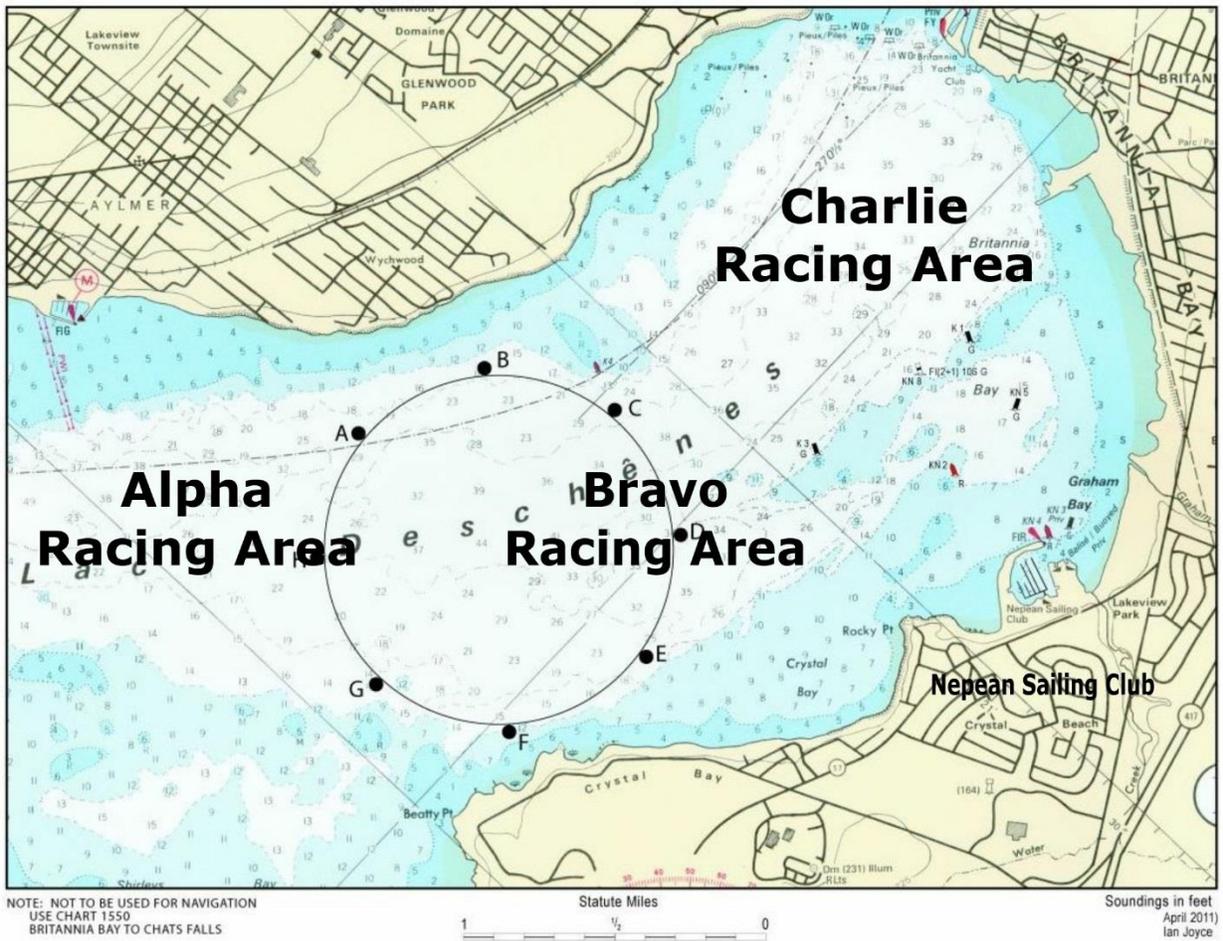
21 INSURANCE

Each participating boat must be insured with valid third-party liability insurance with a minimum cover of \$1,000,000 per incident or the equivalent.

22 FURTHER INFORMATION

For further information please contact the series Coordinator at fleet@nsc.ca

Addendum A



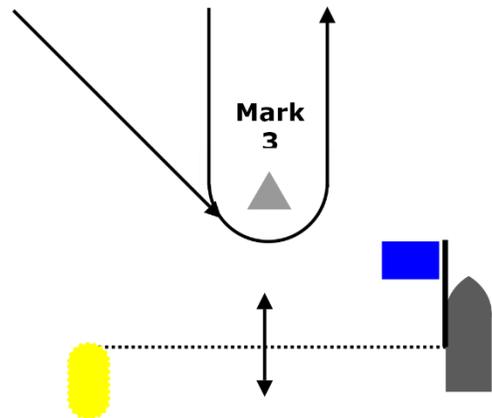
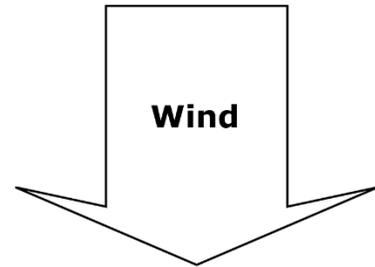
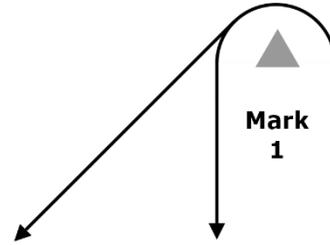
Addendum B

Triangle-Windward-Leeward Course with a Leeward Finish

| Course | Course flag | Laps | Mark rounding order |
|----------|---------------|------|--------------------------------|
| T Course | Code Flag "T" | 2 | Start - 1 - 2 - 3 - 1 - Finish |



CODE FLAG "T"

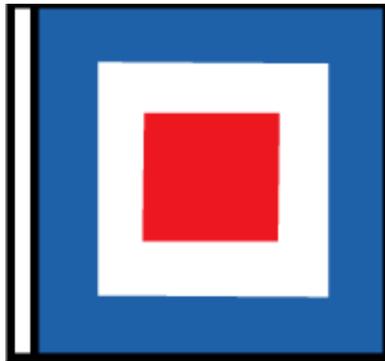


Start/Finish

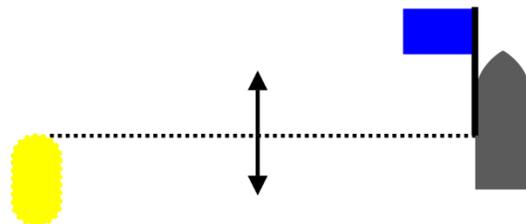
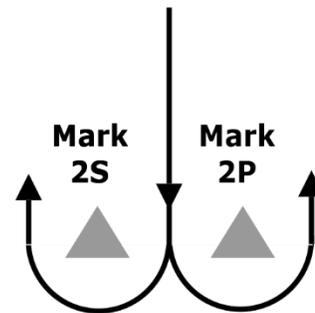
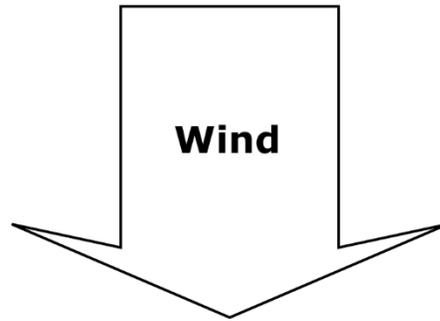
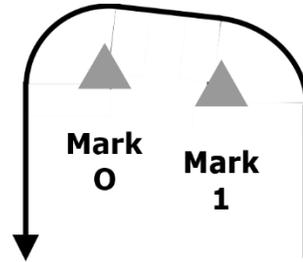
Addendum C

Windward-Leeward Course with a Leeward Finish

| Course name | Course flag | Laps | Mark rounding order |
|-----------------|----------------------|----------|--|
| W Course | Code Flag "W" | 2 | Start - 1 - 0 - Gate - 1 - 0 - Finish |



CODE FLAG "W"



Start/Finish